

Fundraising Deadline Extended to March 30

Thank you again for climbing with us this year and for your continued fundraising efforts in support of Respiratory Health Association (RHA). We hope you are all doing well and staying healthy while facing today's uncertainties and challenges surrounding COVID-19, commonly known as the coronavirus.

RHA continues monitoring guidelines from the Centers for Disease Control and Prevention (CDC) and sharing important updates. As you may know, those living with lung disease like chronic obstructive pulmonary disease (COPD), asthma, pulmonary fibrosis and lung cancer are at increased risk from COVID-19. With your help, RHA is able to develop resources to inform and support these individuals including:

- A special edition newsletter for those living with COPD highlighting preventative hygiene measures and guidance on maintaining a safe and healthy home environment in light of COVID-19.
- A fact sheet offering tips for at-home pulmonary rehabilitation exercises. Many individuals living with lung disease use pulmonary rehab to better manage their breathing. Most of these programs have been suspended as part of social distancing requirements, and it is important individuals have access to activities they can complete at home.

RHA is committed to continue helping those living with lung disease as we face unique health challenges and uncertainties in the coming months.

In light of growing concerns around COVID-19 and the increased need for RHA's programming, we are extending the fundraising deadline for Hustle Chicago® stair climb to March 30, 2020. A group of anonymous supporters have generously offered to match dollar for dollar all additional funds raised by YOU, our Hustle climbers, from now through March 30. Please consider another fundraising ask to help support local lung health in this time of uncertainty.

Your support helps us provide resources to those who need them most!

Fundraising Links

COVID-19 Resources

Need assistance with fundraising? RHA Special Events team is available to help. Reach out to hustle@resphealth.org and we will get right back to you.