



RESPIRATORY HEALTH ASSOCIATION®

# TOP 10 SUCCESSES

JULY 2015 - JUNE 2016





1

We celebrated the 10-year anniversary of Smoke-free Chicago with a retrospective reporting on its success: Chicago has lowered youth smoking rates by 25%, reduced heart attack hospitalizations by 20%, and saved lives.

2

We successfully urged Chicago and Oak Park to raise the minimum purchase age for tobacco products to 21, among our other efforts to reduce youth smoking.

3

We are leading an important childhood asthma research project studying the way asthma is addressed where children live, learn, play and receive medical care.

4

We led an eight-year project that helped more than 125,000 Cook County residents quit smoking, and manage their asthma or chronic obstructive pulmonary disease (COPD).

# 5

We partnered with Chicago Housing Authority to deliver Courage to Quit®, our adult smoking cessation program, and helped residents across Chicago achieve their smoke-free goals.

# 6

Climate change poses a specific threat to people living with lung disease and affects the health of others, too. Earlier this year, Respiratory Health Association published new resources that explain how climate change will affect respiratory health.

# 7

We delivered our school-based Fight Asthma Now® program to a record number of students this year (just under 2,000) and our community-based Asthma Management health intervention program to more than 2,000 parents, caregivers and school/park district personnel.



8

We helped implement smoke-free protections in over 2,000 units of housing across suburban Cook County. As a result, nearly 4,000 residents will live in healthier homes, free of secondhand smoke.

9

We awarded grants to three local researchers focused on improving treatments for people living with lung disease today and discovering tomorrow's cures. And we made our first Solovy Research Award for Advancement in COPD.

10

Our COPD initiative reached an estimated 10,000 people in Illinois living with COPD and their caregivers.

Through the generosity of our donors, advocates and special event participants, we were able to achieve many victories for lung health in 2016.

Please join us as we continue to search for better treatments and cures, provide health management skills and protect clean air for all.

Learn more at [lungchicago.org/get-involved](http://lungchicago.org/get-involved)



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