

- There is no minimum age to participate in the CowaLUNGa Bike Tour.
- All riders must register, regardless of age.
- Fees for a child are dependent on which ride option is chosen:
 - One-day, two-day, or three-day ride option:
 - If child is pedaling, he/she must pay the registration fee and raise the minimum required fundraising amount for their registration option. This includes tandem and/or tagalong riders.
 - If a child is being pulled in a trailer, he/she is not required to fund-raise but still required to pay the registration fee.
 - 18 Mile ride option:
 - Ages 5+ pays a registration fee, and has a small fundraising requirement.
 - Ages 4 and under are free.
- Riders under the age of 18 must be accompanied by a parent or guardian (at least 21 years of age) at all times on and off the route. They also must complete a participant waiver.
- If a rider under the age of 18 is picked up by one of our SAG vehicles, the participating parent or guardian must accompany the rider.
- Parent or guardian must review the rules of the road with their child in advance of the ride to make sure they understand and can follow them.