Together we can create a future free of lung disease. A world without lung cancer, asthma or COPD. A world with clean air, where everyone breathes easier. To learn more about the educational programs, research, and policy work your contributions support, visit RespHealth.org. To learn more about the educational programs, research, and policy work your contributions support, visit RespHealth.org.

Your support made these and other lung health victories possible.

Thank you.
WOMEN’S LUNG HEALTH

We re-launched our “Catch Your Breath” campaign to raise awareness and funds for women’s lung health research. One out of every six women in the U.S. lives with chronic lung disease. Through a partnership with Jewelry Television, we reached millions of people and raised funds to address lung disease.

TOBACCO 21 BECOMES LAW

Raising the tobacco purchase age to 21 protects kids, saves lives and saves money. After a veto last year, RHA volunteers, board members and event participants doubled down to ensure Illinois lawmakers again passed Tobacco 21 legislation. This April, the Governor signed the bill into law.

CARING FOR COPD CAREGIVERS

As a part of the National Heart, Lung, and Blood Institute’s “Learn More Breathe Better” Campaign to empower COPD patients, RHA studied the usefulness of our COPD Caregiver’s Toolkit among caregivers in four Midwestern states. Between 80-90% of participants found the Toolkit to be relevant, understandable and would recommend it to another caregiver.

RHA ASSOCIATES BOARD GROWS

Part of our commitment to creating a better future includes shaping future leaders in the lung health community. This year we welcomed several new members to the Associates Board where members network, learn about volunteer leadership and have access to professional development opportunities while supporting RHA’s mission.

TRAINING EDUCATORS FOR ASTHMA EMERGENCIES

RHA’s online training in emergency asthma response reached more than 9,500 school staff. The results are in: after the training, over 90% of staff & teachers were able to identify a child having difficulty with asthma, knew how to help students avoid asthma triggers and knew how to respond to an asthma emergency.

NEXT GENERATION ADVOCATES

RHA has a secret weapon behind our recent advocacy successes—youth advocates. From third graders at Chicago’s Village Leadership Academy to RHA event participants, young people are raising their voices to help build a future free of lung disease—all while learning about local government and the value of civic engagement.

SUPPORTING PROVIDERS, SUPPORTING PATIENTS

RHA’s “Counsel to Quit”® brief tobacco intervention training reached over 500 healthcare providers. Outcomes were published in the Journal of Substance Abuse Treatment and showed that our program gave providers greater confidence in their ability to help smokers and to answer questions about the use of e-cigarettes.

KICKING THE HABIT

Through our City-funded “Chicago Quits” program, an initiative helping high-risk adults quit smoking, RHA delivered the Courage to Quit® smoking cessation program to nearly 500 program participants with a 27% quit rate among program completers, compared to 5% when people try to quit smoking cold turkey.

IMPROVING LUNG CANCER OUTCOMES

Dr. Kevin Haas used RHA research funding to study educational lung cancer screening resources. He determined current online information was written at a reading level many patients couldn’t understand and set out to make clear materials that help all patients realize the benefits of lung cancer screening.

BRINGING CLEAN ENERGY TO CHICAGO

RHA worked with the Chicago City Council to pass a resolution for Chicago to use 100% clean, renewable power in all buildings in the city by 2035. It also sets a 2040 deadline for using electric buses in the entire CTA fleet.