

BRING FREE ASTHMA PROGRAMS TO YOUR SCHOOL!

Asthma is a leading chronic disease among children and a primary cause of school absenteeism. Respiratory Health Association offers free asthma management with programs for students with asthma.

Reserve classes for your school today!

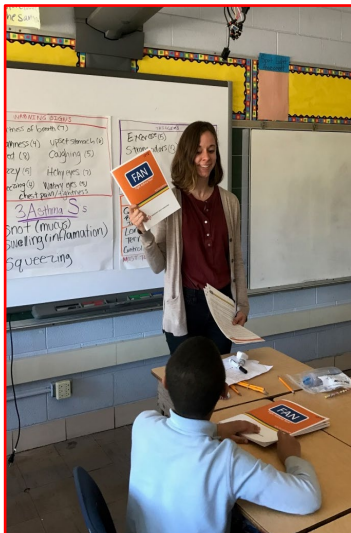
Education for Students: Fight Asthma Now®

Fight Asthma Now® is a free, evidence-based asthma self-management program offered for youth (3rd–6th grades) and teens (7th–12th grades).

Asthma educators use engaging and active lesson plans to give children the tools and knowledge they need to:

- Identify and avoid triggers
- Properly use asthma medication
- Manage asthma episodes
- Control asthma on a long-term basis

In addition, students receive their own workbook and a holding chamber (spacer) to use with their asthma medication. *Fight Asthma Now*® significantly increases asthma knowledge and improves students' asthma medication technique, both of which are essential for managing asthma.



Asthma Program Request Form

Contact Name: _____

School Name: _____

School Address: _____

Phone: _____ Fax: _____

Email Address: _____

Reserve classes for your school today!

Please provide your first choice for FAN class dates and times. Classes may be scheduled within a one-week period. *Note: The minimum number of participants in each class is 15. Multiple classes may be scheduled at once to accommodate larger groups.*

Approximate Number of Students: _____ Grade Level(s): _____

Option A: 3 days, 60 minute sessions

Option B: 3 days, 60 minute sessions

	DATE	START TIME
DAY 1:	_____	_____
DAY 2:	_____	_____
DAY 3:	_____	_____

	DATE	START TIME
DAY 1:	_____	_____
DAY 2:	_____	_____
DAY 3:	_____	_____

**For more information, contact Respiratory Health Association at:
P: 312-628-0227 • mrosenwinkel@resphealth.org**