



What you need to know about...

Cardiovascular Conditions in Patients with COPD

Cardiovascular conditions are any health problems relating to the heart. Heart conditions are the most common comorbidity in patients living with COPD. Comorbidities, or having two or more diseases at the same time, can occur in patients with varying levels of COPD. The most common types of cardiovascular conditions include coronary artery disease, atrial fibrillation, and heart failure.

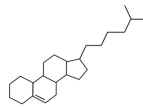
Risk Factors Can Include:



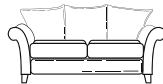
Smoking



High Blood Pressure



High Cholesterol



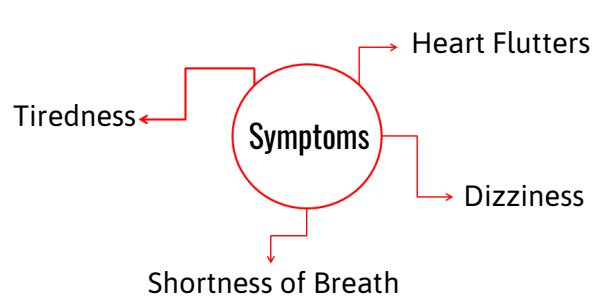
Sedentary Lifestyle



Diabetes

AFib

AFib, or Atrial Fibrillation, is an irregular heart beat that can result in serious conditions like blood clots, stroke, and even heart failure.



Common Treatments:

- Electrical Cardioversion
- Medication
- Catheter Ablation
- Maze Procedure
- Atrioventricular Node Ablation

Heart Failure

Heart failure does not mean the heart has stopped working, it just is not working as well as it should. When it is weakened, the heart cannot get enough blood to the body.



Confusion



Low Energy



Sudden Weight Gain



Swelling



Loss of Appetite

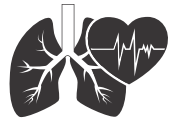


Shortness of Breath

Warning Signs

Fast Facts

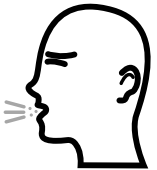
Almost 16 million people live with COPD (1)



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patients with COPD have at least 1 co-morbid condition (3)

Common COPD symptoms include chronic cough, phlegm, shortness of breath, and wheezing



Coronary Artery Disease

Coronary Artery Disease can include a number of problems. Plaque can build up in the walls of the blood vessels, which makes it harder for blood to flow through. This can lead to blood clots, heart attack, or even strokes.

Common Treatments:

- Medications
- Stents, CABG Surgery
- Cardiac Rehab
- Stress Management
- Diet and Weight Control

Reference list available at: <https://resphhealth.org/reference-lists/>